

| Week Day Times | Mon MM | Mon MG MW | Mon MG | Mon JH | Tue Mac | Tue SW | Tue JH | Wed KD | Wed HD | Wed JH | Thu MW | Thu HG | Thu MM | Thu Mac | Thu JH | Fri SW | Fri KD | Fri JH | Sat MG | Sat Mac | Sat JH | Week End Times | |
|----------------|--------|-----------|---------|----------------|---------|--------|--------|------------|----------------|----------|--------|--------|--------|---------|--------|---------------|--------|----------------|--------|----------|----------|------------------|-------|
| | | | | | | | | | Mac on JN 5.45 | | | | | | | | | | | | | | |
| 3.15 – 3.30pm | | | | | | | Arden | | | | MMC | MMC | | | Tahlia | | | Gemma & ZoeTR. | | | | 8.15 Start | |
| 3.30 - 3.45 | | | | Hugh Amelia | | | Arden | | | | MMC | MMC | | | Tahlia | | | Gemma & ZoeTR. | TN | | Nevaeh | 8.30 | |
| 3.45 – 4.00 | | | | Hugh Amelia | | | IT | | | L1C | MMC | MMC | | | L2/3T | | | Tiann | TN | | Nevaeh | 8.45 | |
| 4.00 – 4.15 | | | M! | L2C | | | IT | | | L1S | MMC | MMC | | | L2/3T | | J1 | Tiann | TN | | TN | 9.00 | |
| 4.15 – 4.30 | | | M! | L2S | J3 | | IT | J1 | | Isabel A | MMC | MMC | | | L2/3T | | J1 | L4/5S | TN | | TN | 9.15 | |
| 4.30 – 4.45 | J2 | | M! | Taylah | J3 | | L2T | J1 | | Isabel A | MMC | MMC | | S2 | L2/3S | | J1 | L4/5C | MN | | MN | 9.30 | |
| 4.45 – 5.00 | J2 | | M! | Taylah | J3 | | L2T | J1 | | Mia W | MMC | MMC | | S2 | L2/3C | | J1 | L4/5T | MN | | MN | 9.45 | |
| 5.00 – 5.15 | J2 | | M! | M1 | J3 | | L2T | J1 | | Mia W | Travel | Travel | | S2 | P | | J1 | L4/5T | MN | | L1/2T | 10.00 | |
| 5.15 – 5.30 | J2 | | M1 | M1 | J3 | | L2S | J1 | | Nevaeh | Travel | Travel | J2 | S2 | P | | J1 | L4/5T | MN | Kennedy | L1/2T | 10.15 | |
| 5.30 – 5.45 | J2 | | Rec 5-9 | Ella Holly | J3 | | L2C | J1 | | Nevaeh | Travel | Travel | J2 | S2 | P | | O4 | | MN | Kennedy | L1/2T | 10.30 | |
| 5.45 – 6.00 | J2 | | Rec 5-9 | Ella Holly | J3 | S2 | | Alex Chloe | O4 | JN | L1T | Break | | J2 | S2 | L3/4/5 WU | | O4 | | MN | J3 | L1/2S | 10.45 |
| 6.00 – 6.15 | J2 | S4 | Rec 5-9 | Grace Felicity | S2 | | | Alex Chloe | O4 | JN | L1T | Break | | J2 | S2 | L3/4/5 S Tumb | | O4 | | | J3 | L1/2C | 11.00 |
| 6.15 – 6.30 | | S4 | Rec 5-9 | Grace Felicity | S2 | | L3C | O4 | JN | | | S4 | | J2 | | Ava Kaylah | | O4 | | | J3 | Sharni +Dowlings | 11.15 |
| 6.30 – 6.45 | | S4 | | L2T | S2 | | L3S | O4 | JN | | S4 | | | J2 | | Ava Kaylah | O5 | O4 | | | J3 | Sharni +Dowlings | 11.30 |
| 6.45 – 7.00 | | S4 | | L2T | S2 | | L3T | O4 | JN | | S4 | | | J2 | | Break | O5 | O4 | M! | J3 | M1 | 11.45 | |
| 7.00 – 7.15 | | S4 | | L2T | S2 | | L3T | O4 | JN | | S4 | | | | | Sophie | O5 | O4 | M! | J3 | M1 | 12.00 Noon | |
| 7.15 – 7.30 | | S4 | | P | S2 | | L3T | O4 | | | S4 | | | | | Sophie | O5 | | M! | J3 | Break | 12.15 | |
| 7.30 – 7.45 | | S4 | | P | | O5 | | A1 | | Mac Dave | S4 | | | | | Group of 3 | O5 | | M! | Break | Break | 12.30 | |
| 7.45 – 8.00 | | O3 | | Tori Glosters | | O5 | | A1 | | Mac Dave | O3 | S4 | | | | Group of 3 | O5 | | M! | L3/4/5 T | L3/4/5 T | 12.45 | |
| 8.00 – 8.15 | | O3 | | Tori Glosters | | O5 | | A1 | | Mac Dave | O3 | | | | L4/5T | O5 | | | M! | L3/4/5 T | L3/4/5 T | 1.00 | |
| 8.15 – 8.30 | | O3 | | | | O5 | | A1 | | Mac Dave | O3 | | | | L4/5T | O5 | | | | L3/4/5 T | L3/4/5 T | 1.15 | |
| 8.30 – 8.45 | | O3 | | | | O5 | | A1 | | Mac Dave | O3 | | | | L4/5C | | | | | | L3/4/5 C | 1.30 | |

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|---------------|--|----|--|--|--|----|--|----|--|--|----|--|--|--|--|--|--|--|--|----------------|------|
| 8.45 – 9.00 | | O3 | | | | O5 | | A1 | | | O3 | | | | | | | | | L3/4/5S | 1.45 |
| 9.00 – 9.15 | | O3 | | | | O5 | | | | | O3 | | | | | | | | | Twisting Class | 2.00 |
| 9.15 – 9.30pm | | O3 | | | | O5 | | | | | O3 | | | | | | | | | Twisting Class | 2.15 |
| | | | | | | | | | | | | | | | | | | | | Open Gym | 2.30 |
| | | | | | | | | | | | | | | | | | | | | Open Gym | 2.45 |
| | | | | | | | | | | | | | | | | | | | | Open Gym | 3.00 |
| | | | | | | | | | | | | | | | | | | | | Open Gym | 3.15 |
| | | | | | | | | | | | | | | | | | | | | Open Gym | 3.30 |
| | | | | | | | | | | | | | | | | | | | | Open Gym | 3.45 |

19/05/21